## Mass Spectrometry – Applications to the Clinical Laboratory of the Future

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## Wham!!!



## 65 Million Years Ago



## Where did Kansas go?



#### **Outcome Diagram**



## Out in the dark – destination Earth



## Out of Cash!



# But the scariest, highest impact threat are the

# Antibiotic Resistant Microbiota!

## Nonresponsive Cellulitis



## MRSA



# And that is just the tip of the iceberg!

#### **Absence of effective antimicrobial drugs**

• "Resistance is said to present a risk that we will fall back into the pre-antibiotic era."

 "Resistance is not just an infectious disease issue," they say. "It is a surgical issue, a cancer issue, a health system issue."

## **Resulting in Change in Practice**

 Estimate infection rates after hip replacement would increase from about 1% to 40-50%, and that about a third of people with an infection would die. It seems likely that rates of hip replacement would fall, bringing an increased burden of morbidity from hip pain.

• BMJ 2013;346:f1663

## Is Mass Spectrometry an Answer?

• For the Financial Crisis.

• For the Microbial Threat.

• For Other Laboratory Needs.

#### Your Impression of Mass Spectrometer?



## And Related Personnel Problems



## However, When I Think Mass Spec:









## Today's Mass Spectrometer



## The Fundamentals of Mass Spec

- carbon has a mass of 12
- hydrogen has a mass of 1
- oxygen has a mass of 16
- nitrogen has a mass of 14

But this is not strictly true, but close enough



#### $C_{27}H_{46}O = (12 X 27) + (1 X 46) + (16 X 1)$ = 324 + 46 + 16 = 386

## **Microbiology Applications**

#### **Traditional Microorganism Identification**

#### The tube-method: pattern matching

• The utilization of patterns of reactions that indicate the most likely identification of an unknown organism

- First compendium or "library" were tables that indicated the expected +/- for different reactions
- Depending on the suspected organism up to 20+ tubes might have been needed

#### **Miniaturized Kits: pattern matching**



Gapi <sup>®</sup> Coryne	Origins / Source / Horisett / Origen / Origen / Epol/sees / Unsprung / Oprindelia / Pochedzanis :	
Aufsau taolo / Otron tenis / Andere Teolo / Otron praobes / Alt-i teol / Outron teates / NARg ofgeröcity/ Antina teolet / Andro taolo / Inne Melly I	Berl/Tannaign	FUSU M

API is a registered trademark of bioMerieux

• Biochemical test systems with improved ease of use, cost and reproducibility.

- As with the tube method, one compares a pattern of reactions produced for an unknown to known results contained in a database.
- Scores produced are evaluated in conjunction with other diagnostic information to arrive at an identification.



#### **Identification via MALDI-TOF**



#### **Step 1: Target Preparation**

#### **Direct Smear Method:**

- Touch colony with transfer device, such as toothpick
- Transfer a small amount onto spot
- Let air dry
- Cover with 1 µL of MALDI matrix, let air dry
- Analyze up to 96 samples



#### **Step 2: TOF (Time of Flight) Measurement**





• Insert the dried target plate into the MALDI-TOF

 Close the sample door and start the run

#### **Step 3: Identification**



- Unknown microorganism is matched against each main spectrum in the library
- Ranking according to matching score and threshold for ID

#### **Step 3: Identification - Results table**

Result Overview							
Analyte Name	Analyte ID	Organism (best match)	Score Value	Organism (second best match)	Score Value		
<u>GDMT 23</u> (+++)	A1	Yersinia pseudotuberculosis	<u>2.47</u>	Yersinia pseudotuberculosis	<u>2.396</u>		
<u>GDMT 23</u> (+++)	A2	Yersinia pseudotuberculosis	<u>2.435</u>	Yersinia pseudotuberculosis	<u>2.379</u>		
<u>GDMT 24</u> (+++)	A3	Yersinia pseudotuberculosis	<u>2.338</u>	Yersinia pseudotuberculosis	<u>2.332</u>		
<u>GDMT 24</u> (+++)	A4	Yersinia pseudotuberculosis	<u>2.409</u>	Yersinia pseudotuberculosis	<u>2.391</u>		
<u>GDMT 25</u> (+++)	A5	Yersinia pseudotuberculosis	<u>2.421</u>	Yersinia pseudotuberculosis	<u>2.332</u>		
<u>GDMT 25</u> (+++)	A6	Yersinia pseudotuberculosis	<u>2.339</u>	Yersinia pseudotuberculosis	<u>2.308</u>		
<u>GDMT 26</u> (+++)	A7	Yersinia enterocolitica	<u>2.518</u>	Yersinia enterocolitica	<u>2.143</u>		
<u>GDMT 26</u> (+++)	A8	Yersinia enterocolitica	<u>2.496</u>	Yersinia enterocolitica	<u>2.282</u>		

Range	Description	Symbols	Color
2.300 3.000	highly probable species identification	(+++)	green
	secure genus identification, probable		
2.000 2.299	species identification	(++)	green
1.700 1.999	probable genus identification	(+)	yellow
0.000 1.699	no reliable identification	(-)	red

## How does it work?

#### Matrix Assisted Laser Desorption/Ionization

- Matrix: alpha-cyano-4-hydroxycinnamic acid (1 uL)
- Matrix molecules readily absorb laser light (photon energy)
- •The matrix is acidic, and donates positive charge to the analytes



#### Matrix Assisted Laser <u>Desorption/Ionization</u>

- Localized heating causes micro-explosion of material
- lons "desorb" from the target surface in the gas phase



#### **TOF – Time of Flight**



#### Utility of MALDI-TOF Mass Spectrometry Following Introduction for Routine Laboratory Identification

Neville S, LeCordier A, Ziochos H, Chater M, Gosbell I, Maley, M and van Hal J

- Study was to determine the utility of MALDI-TOF in a routine diagnostic laboratory.
- One months of isolates run (N=927 run in triplicate)
- Cost study Run

Based on 927 isolates (1 month) Current Method Cost= \$10,354 (AUD\$) MALDI-TOF MS = \$1,958 (AUD\$) Savings = \$8,395 (AUD\$)

Organism Group	Genus ID %	Species ID %
Anaerobes	97	64
Enterobacteri aceae	96	87
Gram + Rods	91	57
Gram + Cocci	95	83
Misc Gram -	100	92
NFGNR	100	89
TOTAL	96	84

JCM, August 2011

#### **MALDI-TOF – Blood Culture Analysis**



### Positive blood culture bottle



Solution 1\*

Solution 2

Harvest 1 mL blood culture liquid in an Eppendorf tube 1 min

> Add Lysis Buffer and mix 30 sec

Centrifuge (1 min, 13,000 rpm), discard supernatant 1 min

> Add Washing Buffer and mix 1.5 min

Centrifuge (1 min, 13,000 rpm), discard supernatant 1 min

Suspend pellet in 300 μl water

Preparation

#### Schubert et al., ECCMID 2010

Total time for bacterial isolation ~5 min

Performance: >80% correct ID no false-positive ID
#### The promise of MALDI-TOF Mass Spectrometry:

- Time-to-result -> Faster

- Analytical capabilities -> Better

- Cost/sample -> Cheaper

#### Archives of Pathology and Laboratory Medicine - K. Perez et al., epublished Dec 2012



### Savings over Conventional Methods

- Cost savings for the more rapid id = \$19,457/pt
- Methodist Houston is 1000 bed hospital
- Expect savings of \$19 M/year
- USA has ~1,000,000 hospital beds
- Therefore, expected annual US savings = \$19 B/year
- This is gram negative blood cultures only!
- Does not include gram positive, mycobacteria, mold and fungi - this will increase savings
- But we are leaving \$26,162 on the table, thus.....



### Problem Addressed by Ibis PLEX-ID Biosensor Technology

- Over 1,000 infectious microbes known to cause disease in humans\*
  - 217 viral species
  - 538 bacterial species
  - 307 fungi
  - 66 parasitic protozoa
- Numerous strain variations of each species (i.e., >100 strains of Streptococcus pyogenes)
  - Emergence of multi-drug resistant and highly pathogenic strain types
- Unknown and unculturable pathogens

### Ibis PLEX-ID Biosensor

- Broad identification of all microbes
  - Bacteria, Viruses, Fungi,
    Parasites
- No culturing
- Detects mixtures of microbes
- High resolution genotyping and strain identification
- Drug resistance testing
- Identify emerging agents
- Rapid, high throughput, cost effective





#### Ibis Process Part 1: Sample Prep and Broad Range PCR



#### Ibis Process Part 2: MS Analysis and Signal Processing



#### Electrospray Ionization does not break DNA



### Typical Primer-Amplified Region in Bacteria



#### Ibis Process Part 3: Triangulation Using Multiple Primer Pairs



# What is the expected outcome?

Expect \$500 - \$1,000/hr cost for delay in information for patient treatment

We have to attack 4 points:

Early Diagnostic Indication

Microbial Identification

**Microbial Susceptibility** 

**Medical Intervention** 



- Now that we have saved the world from deadly resistant infections –well ok, we have helped!
- Helped reduce the cost of heath care.
- Provided better clinical outcomes.

# Your boss will say that's history! What have you done lately?

# **Better Clinical Chemistry**

• Fast is fine, but accuracy is everything!

- Wyatt Earp (1849 - 1929),

• American gambler, gunfighter and lawman



Fig. 5. Comparison of GC-MS and ACS testosterone assays for female specimens (ACS testosterone = 0.72 GC-MS + 1.2 nmol/L,  $r^2$  = 0.31).



J.Taieb et al; Clin Chem 49:8:1381-1395(2003)



J.Taieb et al; Clin Chem 49:8:1381-1395(2003)

# Immunoassays for Testosterone in Women: Better than a Guess?

"Laboratory professionals should not be associated with a test where an educated guess would provide an equivalent or better result."

> Clinical Chemistry Editorial D.A. Herold and R.L. Fitzgerald Clin. Chem. 49:8 1250 - 1251(2003)

# Why Vitamin D?

- Cancer 50 to 80% decreased risk
- Multiple Sclerosis 62% decreased
- Type I DM 80% decreased
- Stroke and MI decreased about 40%
- Rickets decreased by ~100%
- Antimicrobial effect TB

# Why Vitamin D?

- Multiple Sclerosis
  - Extra Medical Cost ~ \$2 M over last 20 years or \$100,000 year
  - 320 M in US population
  - Incidence = 1 in a 1000 thus 320,000 cases
  - Thus, \$100,000 X 320,000 = \$32 B/year

### **Comments on Vitamin D**

- What level
  - IOM says >20 ng/mL
  - Endocrine Society says >30 ng/mL
  - Dave's Vitamin D is 50 60 ng/mL on 10,000 IU/d
    Cost?
  - Toxicity?
  - Benefits Huge long term

#### **Response Curve for a Typical Nutrient**



#### Comparison of 25(OH)D<sub>3</sub> Levels Measured in 7 Methods



Quest

Diagnostics

Roth, et al. Ann Clin Biochem. 2008;45:153-159. Used with permission.

## VA San Diego Cost Justification

- Assume a single analyte with a 10 sec wide peak
- Have a 2 minute total UPLC run time
- Connect to one MS/MS
- Total instrument cost is about \$350,000
- Number of specimens analyzed per day 250
- Savings per specimen is \$14
- Daily income is \$3,500
- ROI of instruments 100 days....
- Requires high sample volume

## "Big Lab" Cost Justification

- Assume a single analyte with a 30 sec wide peak
- Have a 4 minute total LC run time
- Connect 4 HPLC systems to one MS/MS
- Total instrument cost is about \$600,000
- Number of specimens analyzed per day 1200
- Reimbursement per specimen is \$40
- Daily income is \$48,000
- ROI of instruments 13 days!
- Requires very high sample volume

### What about panels?

• Steroids (Cushing's, Conn's, Addison's, CAH)

• Drugs of Abuse (Bath Salts, Spice, JWH series)

• Pain Profiles (Big business)

• Thyroid Hormones (fT4, fT3 and frT3)

#### Scheduled MRM<sup>™</sup> Algorithm

Improving MRM Method Efficiency by Maximizing Analyte Utilization



#### **A Representative Chromatogram**



# The 6<sup>th</sup> Annual MSACL Conference

#### March 1-5, 2014

#### **Sheraton San Diego Hotel & Marina**



#### www.msacl.org

#### Presented by:

#### The Association for Mass Spectrometry: Applications to the Clinical Lab

MSACL is a 501(c)(3) non-profit California corporation



### **Advanced Technologies**

• High Resolution Mass Spectrometry

### The Fundamentals of Exact Mass

- carbon has a mass of 12.0000
- hydrogen has a mass of 1.0078
- oxygen has a mass of 15.9949
- nitrogen has a mass of 14.0031

- It is possible to have combinations of atoms which have the same nominal (or integer) mass but different accurate mass
- If such compounds can be mass measured with sufficient accuracy it is possible to determine elemental composition

### Simple Examples

- CO = 27.9949
- $N_2 = 28.0061$
- $C_2H_4 = 28.0313$
- These elemental combinations have the same nominal mass but different exact mass
- A nominal mass measurement cannot distinguish
- If compounds differ in elemental compositions then the exact mass measurement may be useful

### Unknown Screening and Compound Identification

### Unknown Compound in Equine Urine Extracted Using Comparative Screening

Accurate Mass and High Resolution MS and MS/MS of 337 at 2.76 min


PV

Empirical Formula Calculation Combining MS and MS/MS Information



Automatic Search of Found Formulas Against Online Databases

PV





Fragmentation Prediction Tool in PeakView<sup>®</sup> Software



#### Fragmentation Prediction Tool in PeakView<sup>®</sup> Software



Five out of eight peaks matched explainable MS/MS fragment ions for the 4-(1-Azenpanyl)-2,2-diphenylbutanamide structure

# So what do you get from Mass Spec?

- Testosterone Quality
- Vitamin D Long term savings
- Drugs of Abuse Rapid validated result
- Steroids Panels for better Dxs
- Microbiology Better, Faster and Cheaper

# Mass Spectrometry Companies

- AB SCIEX
- Agilent
- Bruker
- Ionics
- Shimadzu (bioMerieux)
- SimulTOF
- ThermoFisher
- Waters

## THE ASSOCIATION FOR MASS SPECTROMETRY APPLICATIONS TO THE CLINICAL LAB



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### 50 year rule – George Ebers, MD Oxford, UK

1. Neural Tube Defect – 1958 through 1991 - UK still not using folate

2. Small Pox – Variolation vs Vaccination

a. Africa, India, Turkey

- b. Milk maids Cow Pox and Jenner 1794
- c. 1840 Vaccination accepted as only method

3. Scurvy – James Lind 1747 – 1794 - 1804

6 teatment groups with 2 pts each for 6 days

- 1. Liter of cider
- 2. 25 drops of  $H_2SO_4$
- 3. 30 mL of vinegar
- 4. 0.5 L seawater
- 5. 2 oranges & 1 lemon
- 6. 30 mL barley water
- 4. Cigarettes and Cancer link first suggested in 1930s
- 5. Sugar and diabetes?